Clarendon Road Primary School

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KIT LIST

Arete Outdoor Education Centre

Please note that school and Arete is not responsible for any items your child brings to the centre, we recommend you bring old clothes and ensure all clothes have your child's name in them, any unlabelled clothes will most likely not make it back home.

For your visit to Arete you will need the following:

Packed into your holdall (not a solid/rigid suitcase):

- T shirts/tops/shirts, enough for five days
- 2 warm sweaters
- a spare pair of old trainers (must be secure and laced)
- Slippers for indoors
- Changes of underwear. Changes of socks not trainer socks
- Shorts. Trousers e.g. leggings, tracksuit bottoms. Jeans are not suitable for outdoor wear when doing activities.
- Disco Clothes
- Woollen socks three pairs for walking. Wool is best as it is warmest
- Towels, toiletries in a toilet bag. **No aerosols please.**
- Gloves, warm hat and scarf (weather forecast?)
- Single duvet cover, pillowcase and sheet.
- Plastic bin liner for dirty clothes.
- Pyjamas
- Torch with spare batteries.
- Swimming costume / trunks for water activities (weather dependant)

You will also need, but not to be packed away:

- Lunch box and water bottle (must be able to fit in a rucksack and be strong enough to not break/leak)
- Coat for the journey

You will need to hand into staff on the morning:

- · Any medication along with medication form
- Sweets for the disco
- Spending money

During your visit to Arete **the centre will provide** everyone with the following items:

Waterproof Jackets, Waterproof Trousers, Rucksack, Walking Boots, Fleece Jumper (if required) and of course any specialist equipment for the activities