



Clarendon Road PSHE Long Term Plan



	Autumn1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Community</u> <ul style="list-style-type: none"> Macmillan coffee morning <i>Respect and tolerance</i>	<u>Anti-Bullying</u> <ul style="list-style-type: none"> Anti-Bullying week Armistice Day <i>Respect and tolerance</i>	<u>Respect</u> <ul style="list-style-type: none"> Black History Month (Feb) Safer Internet Day <i>Liberty, democracy and tolerance</i>	<u>Personal Development and Emotional Well-Being</u> <ul style="list-style-type: none"> Black History Month (Feb) Sport Relief <i>Liberty, rule of law, respect, tolerance</i>	<u>Diversity</u> <ul style="list-style-type: none"> Child Safety week Healthy Eating Week (both early June) <i>Liberty, rule of law, respect, tolerance</i>	<u>Changes and transition</u> <i>Respect and tolerance</i>
Year 1	Keeping myself safe. An awareness of my personal space and that of others (NSPCC Pants Rule)					
	Keeping safe in the community <i>People in the community that help us, how to stay safe at home.</i>	What is bullying and why are friends important? <i>How to communicate feelings, who to go to when we need help.</i>	Respecting myself, my friends and my family <i>Respect for friends and living things, how your needs change when you get older.</i>	Keeping healthy <i>Personal hygiene, how to keep clean and healthy.</i>	Similarities and differences <i>The difference between what is fair and unfair, discussing ways we are all different.</i>	What will my new class be like? <i>Growing and changing, thinking about loss, celebrating achievements</i>
Year 2	Keeping myself safe. An awareness of my personal space and that of others (NSPCC Pants Rule)					
	Keeping safe in the community <i>People in the community that help us, the importance of privacy.</i>	What is bullying and why are friends important? <i>How to resolve differences, having a responsibility to keep themselves and others safe.</i>	Respecting myself, my friends and my family <i>Who is special to us, why is respect important? What is appropriate physical contact?</i>	Keeping healthy <i>How to look after our natural environment and how diseases can be spread.</i>	Similarities and differences <i>We respect the views and opinions of others as we would want our own to be.</i>	How will my education help me in the future? <i>Growing and changing, the importance of money and how it can help us.</i>
Year 3	Keeping myself safe. An awareness of my personal space and that of others (NSPCC Pants Rule)					
	Keeping safe in the community <i>Risk, dangers and hazards in the community, laws that protect children and keep them safe.</i>	What is bullying and why are friends important? <i>Appropriate physical contact, how actions affect others.</i>	Respecting relationships <i>Recognising and respecting different relationships.</i>	Keeping healthy <i>To recognise the concept of a balanced lifestyle.</i>	Similarities and differences <i>To recognise and respect the different values and customs of others.</i>	How will my education help me in the future? <i>Developing basic skills to help resist pressure, reflect on strengths and identify areas for development.</i>

SPRING 1 LESSON 1: NSPCC PANTS RULE/AWARENESS OF AND RESPECT OF PERSONAL/OTHERS SPACE.

Year 4	Keeping myself safe. An awareness of my personal space and that of others (NSPCC Pants Rule)						
	Keeping safe in the community <i>How to assess risk in different situations and groups in the community that can help us.</i>	What is bullying and why are friends important? <i>To recognise bullying and abuse in all its forms and healthy relationships.</i>	Respecting relationships <i>To recognise and understand personal boundaries.</i>	Keeping healthy <i>To recognise the role of others and groups in the community in relation to health and well-being.</i>	SPRING 1 LESSON 1: NSPCC PANTS RULE	Similarities and differences <i>How communities differ around the world, how to challenge others respectfully.</i>	How will my education help me in the future? <i>Begin to develop enterprise skills, reflect on strengths and identify areas for development.</i>
Year 5	Keeping myself safe. An awareness of my personal space and that of others (NSPCC Pants Rule)						
	Keeping safe in the community <i>To know there are universal rights to protect children, that there are consequences for bullying and discrimination.</i>	What is bullying and why are friends important? <i>Develop strategies to solve disputes, to recognise healthy and unhealthy relationships.</i>	Respecting relationships <i>Understanding personal boundaries.</i>	Keeping healthy <i>Alcohol, preparing for puberty, the effects of the media.</i>		Similarities and differences <i>Discrimination and the many ways that people can be discriminated.</i>	How will my education help me in the future? <i>To know about change and transitions in life, to celebrate achievements and goals, to set high aspirations for the future, begin to develop enterprise skills.</i>
Year 6	Keeping myself safe. An awareness of my personal space and that of others (NSPCC Pants Rule)						
	Keeping safe in the community <i>To know that some cultures go against British law and basic human rights, sustainability for the environment.</i>	What is bullying and why are friends important? <i>Discussing pressure to behave in certain ways, healthy/unhealthy relationships.</i>	Respecting relationships <i>Marriage and civil partnership.</i>	Keeping healthy <i>Drug education, exercise & diet, life cycles, reproduction, the effects of the media.</i>		Similarities and differences <i>Stereotypes, discussing the range of diverse identities in the UK.</i>	How will my education help me in the future? <i>To know about change and transitions in life, to celebrate achievements and goals, to set high aspirations for the future, begin to develop enterprise skills.</i>